

THE LOST COAST HOWLER

November 2024

editor Emily Dalton

The Lost Coast Kennel Club

www.lostcoastkc.org

www.facebook.com/lostcoastkennelclub

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Send newsletter submission to
LCKCnews75@gmail.com and put
“Newsletter item” in the subject box

LCKC Board of Directors:

Officers:

Deb Lake, President

Patty Mendes, Vice President

Kris Smith, Secretary

Jill Otto, Treasurer

Members at large:

Michelle Dostal

Debra Tull

Marilyn Cotrell

Meetings are held the 3rd Tuesday of each month

Board Meeting 6:30 pm

General Meeting 7:00 pm

PRESIDENT'S MESSAGE

DEB LAKE

LCKC President's Message November 2024 ~ Debra Lake

I want to talk about something that might seem mundane but holds immense power in our lives: ritual and routine. As the famous author Haruki Murakami once said, "When you come out of the storm, you won't be the same person who walked in. That's what the storm is all about." Our rituals and routines are the calm before the storm, the foundation that helps us weather life's challenges. These days seem challenging indeed.

The same goes for our dogs. Routine and rituals repeated over time instill a sense of stability, predictability, confidence, and security in our canines. This can reduce stress and anxiety. It provides our wonderful pooches with an incentive to perform new and unusual tasks with enthusiasm.

Ritual and routine create muscle memory. It automates actions, thus freeing up mental energy so they can think and make choices in learning new things. It also promotes health. Haven't we all had that happily snoring dog, flat on their side, after a particularly mentally challenging training session? A tired dog is a happy dog.

We see the power of ritual with our pups when our keys jingle or we reach for the leash hanging by the door. Their endorphins kick in. Happiness abides.

Keep those rituals as much as possible. For yourselves and for your dogs. This holiday time of year includes many opportunities for ritual and routines. Celebrate the calmness that ritual may bring into your world.

In conclusion, rituals and routines might seem ordinary, but they have the power to transform our lives in extraordinary ways. By embracing the power of rituals and routine, we can create a solid foundation that supports our goals, enhances our well-being, and helps us navigate the storms of life for both humans and canines.

Here's our end of the year/start of the new year round up.

LCKC has elected 2025's officers and board. I want to personally thank our outgoing board member, Marilyn Cottrell. Don't worry Marilyn, we know where you live. Thank you for all your years of valuable contributions.

Our newest board member, taking Marilyn's place is Kurt Pires. He brings lots of ideas and skills to the position. Welcome to the hoard, Kurt. We are kind of like the dog mob. Once you are in, you can't ever leave. All kidding aside, I am glad you are helping.

We are having a New Years party this year on January 4th in the afternoon at the Unitarian Church, Bayside. We will have a gift exchange as well as games and tons of wonderful potluck dishes. OCKC will provide ham and drinks. Jill Otto will be posting a RSVP via the IO group soon with all the details. Please mark your calendars.

Lastly, there are active plans for a Spring Scent work Trial May 3-4, Ridgewood School, Eureka. More news TBA soon. Another save the date for 2025.

Lost Coast Kennel Club meeting minutes October 15th 2024

LCKC Board and General Zoom Meeting

(Notes taken by Cathy Wright in Kris Smith's absence)

Board meeting 6:30 to 7:00 p.m.

Call to order by Deb Lake at 6:30 p.m.

Roll call – Deb lake, Debbie Tull, Marilyn Cottrell, Jill Otto, Michelle Dostal, Patty Mendes, (Kris Smith absent)

Other attendees – Bill Clawson, Deb St Myers, Beth Rogers, Jesse Chiaudano, Kurt Pires, Bobbie Pires Cathy Wright, Kim Gradin, Janeann Erickson, Sarah Lindgren Akana, Griffin Mancuso, Lauren Wendt, and guest Kathleen Wedll.

Minutes of the last meeting – Approved MSA Jill, Deb T

Report of treasurer – Jill reported balances for Chase Bank. Bookkeeper Andrea was not available but will update event financials by next week. Andrea received a letter from IRS that we are c7 non-profit entity and another letter asking for c7 clarification for our club. Jill will get more information and details about this for the next meeting. Treasurer report approved – MSA Marilyn, Patty

Unfinished Business

* Adorni Center 2025 - it was discussed that we had already made the decision to not renew for in-person meetings at the Adorni for 2025

*Upgrade canopies - a discussion by some board members about research they had done to replace or partially replace canopies for our shows and other events. We are looking at E-Z Up type canopies 10x20 ft. Specifically looking at the E-Z Up Vantage which is about \$750 up to \$1000 (with needed accessories) each. There might be possible discounts. 10% off or nonprofit prices. The board discussed getting two or three according to a budget of \$2,500 for this year and seeing how they work add more every year until the old heavy steel frame canopies are replaced. Motion: \$2,500 budget for E-Z UP type 10x20 canopies. MSA Marilyn, Jill - 5 ayes and one abstention(Patty)

*Agility Gate for scentwork trials / barnhunt - Agility Gate is a program using tablets and internet for organizing run orders for events. Marilyn presented information on getting the necessary hardware to utilize the Agility Gate program so that it might simplify the running order of Scent Work Trials (and other events). Discussion on needs iPad iOS 13 or better. Kurt will install and test Agility Gate which we can try out before we purchase. We can use tablets other than iPads except for the trial secretary.

*Holiday party - Jill Jill is looking and maybe we will do the Unitarian fellowship all after discussion in the general meeting.

New business – Discussion about new purchase timeline change in our policy. It was Moved that we change the policy (the bylaws do not specify the amount only the timeline of 2 months) to allow up to \$2,000 purchase (rather than \$500) without waiting for a second general meeting before approval.

MSA Marilyn, Debbie Tull

Adjournment - 7:15pm

Regular Meeting

(Call to order 7:15)

Roll call - same as above

Minutes of last meeting - approved MSA Marilyn, Jill

Report of President - Deb Lake reported that she is happy with the Club momentum and all of the positive things that are going on.

Report of Secretary - Jill reported for Kris that she picked up the mail and there was nothing of import regarding correspondence or new membership applications.

Report of Treasurer - Report as above in Board minutes

Report of Committees

*LCKC Practice: dates for conformation, rally, obedience, scent work, agility, FCAT, barn hunt - Beth will organize a Zoom meeting to schedule the next year's practices.

*AB/O, Rally, FastCAT, Farm Dog - Tina's report via Cathy is a continued plea for helpers, especially for the grounds and an Assistant Chair. Hospitality/caterer? Tina will put out a list of jobs soon.

*Agility Trial, FastCAT, Barn hunt - no report

*Scent Work trials - Marilyn reported everything is on track: the School site contract, four judges and trial secretary on board. There will be scent work meeting October 23rd.

*Membership appreciation picnic - it was a great turnout and lots of fun. Date for next year set for Bartow field for September 27th 2025. We will try to schedule the picnic with members' input.

*Fit dog - Kim will look into November, maybe Turkey trot fit dog walk around Thanksgiving?

*Newsletter - Emily is stepping down from being The Howler editor. Lauren Wendt is stepping up to take over that job. Thank you, Lauren. Emily will work with her to transition. Lauren will start with the Happy New Year issue. Lauren will put out information about the newsletter on the io group. Thank you, Emily for all your years of doing the newsletter!

*Website - the website is updated with event dates for 2025

*Chat group -

*Membership - Jill and Tina sent out annual dues notice via the newsletter and will send out something through the io group

*Bylaws - we will ask Kris to start committee soon to provide some new language to cover several issues needing to be addressed or updated

Report of the Nominating Committee –

Cathy reported that the nominating committee met several times in person and conference calls after contacting many club members, and came up with a proposed slate for officers and board members for next year to start after November election.

The proposed slate is Deb Lake, President; Patty Mendes, Vice President; Jill Otto, Treasurer; Kris Smith, Secretary; Debbie Tull, Michelle Dostal, Kurt Pires, Board Members.

A call for nominations from the floor during the meeting resulted in no nominations. So the above slate will be elected via acclamation at the November meeting.

Thanks everyone who participated in the nominating process and especially all of the current and future officers and board members for their incredible volunteerism over the years.

Cathy also made a couple of observations coming from the election process this year:

Our Club has grown incredibly over the last 30 years. We have wonderful leadership and volunteerism for the many high quality dog events that we put on each year. But it has become increasingly difficult to find people to take on the officer positions. As a club we need to facilitate pathways on which members can plan and move forward into the officer positions so that new voices can be encouraged and that people are not uncomfortable stepping into learning new roles.

Also, in view of the growth of the club membership to approximately 100 members now, we should seriously look at increasing our board members from three positions to five board member positions so that we have good representation from all the factions of the club. This would have to be dealt with at the bylaws level. Hopefully those board members will be looking toward taking turns moving into officer positions.

Election of new members - none

Unfinished business -

*2024 financials agility/ FastCAT/barnhunt - tabled until Jill has a chance to meet with Andrea.

*2024 Scent Work wrap up - tabled until financial results are in

*Agility Gate - see discussion under Board Meeting

*Holiday Party - Jill is still working on it. Some other venues were discussed. Tentatively January 4th 2025 at the Unitarian fellowship 11:00 to 5:00 p.m.

New Business -

*Canopy upgrade/replacement. Discussion about types of canopies and whether EZ Ups would be appropriate and sturdy enough for our needs. See discussion regarding canopies under Board minutes regarding looking into purchasing canopies for \$2,500.

*In person annual meeting - needs ongoing discussion in the coming months

*Disaster trailer - Michelle will find out what happened at the last meeting. They are still working on getting nonprofit status and grant funding.

*Annual donations - needs to happen at the November meeting. Jill will post the previous donations on the io group and newsletter so that club members can be thinking about where and how much we want our donations to go for 2025.

Announcements – Humboldt Disc Dogs will have annual meeting November 10th at Hunan's in Fortuna for planning.

November club meeting will be hybrid, Zoom and in-person at the Adorni Center. Please come in person if you can.

Adjournment – 9 pm

Respectfully Submitted by Cathy Wright for Kris Smith



Kiri went to Cottager Grove, Oregon for a CAT test- “coursing Ability Test”. Dogs chase a lure for 600 yards. She was clocked at 47.86 seconds for a 600 yard run. She loved it.

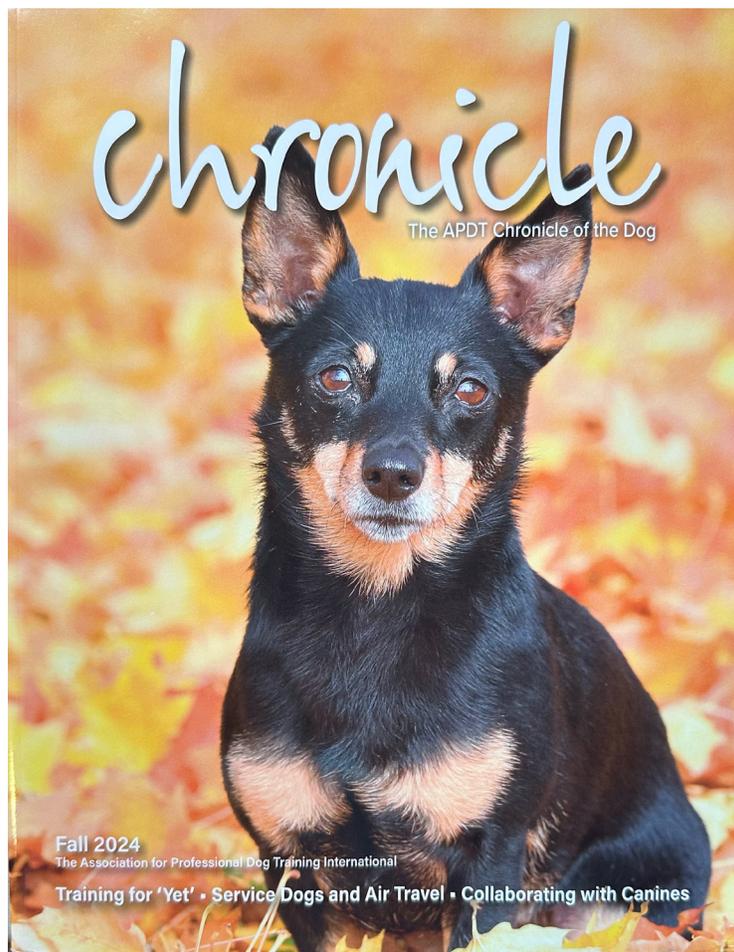
Beverly Morgan Lewis :

On October 25th at the RCA trial in Central point Oregon we did a thing. Hooligan earned his MACH6. He finished it while he is still 6 years old. He turned 7 two weeks later. He's such a strong, consistent athlete. He's a great partner. Hopefully we will do it again, earning MACH7 at age 7?



Pictsie is a
cover girl!

Beverly
Morgan Lewis



Dues now payable for 2025. Due by January 1st.

**Individual - \$15
Household / Family - \$25
Folks can mail dues checks to**

**LCKC
PO Box 6808
Eureka, CA 95502**

Or they can use the paypal buttons on our website - a \$1 online convenience fee is added.

link: <https://lostcoastkc.org/members-only.html>

Third option is to email me at lostcoastkc@gmail.org and request a paypal invoice - this option allows payment

by credit/debit card without having a paypal account..

**Thanks,
Tina Moulton and Jill Otto**



Zing and Zuzu had a blast in Reedsport at the first nacsw Nosework 3 trial in September. Zuzu placed 2nd overall and earned her first leg of her Nw3 title. This was her first try. Zing went play and did very well. Zing also placed 1st in containers in her elite trial the weekend before. One trial away from the big Championship in Nosework.

Deb St.myers



I would like to welcome Lauren Wendt to the job of editor for the Howler (starting in 2025) and also introduce her to the Lost Coast Kennel Club.

Our club is fortunate to have Lauren as one of our newer members--she is a professional, highly experienced trainer and involved in numerous dog sports. Currently she runs "Momentum K9", a local dog training business geared towards training for detection, scent work, tracking and more. Lauren has worked with sporting and working dogs for over 20 years, training and hunting with retrievers, doing disaster search and rescue, conservation detection, tracking and handling, anti-poaching, Law Enforcement and agility. Her 11 years as a Wildlife Police Officer has prepared for just about anything.

She has graciously volunteered to become the next editor for the Howler. Please continue to send submissions to LCKCnews75@gmail.com with "NEWSLETTER" in the subject line.

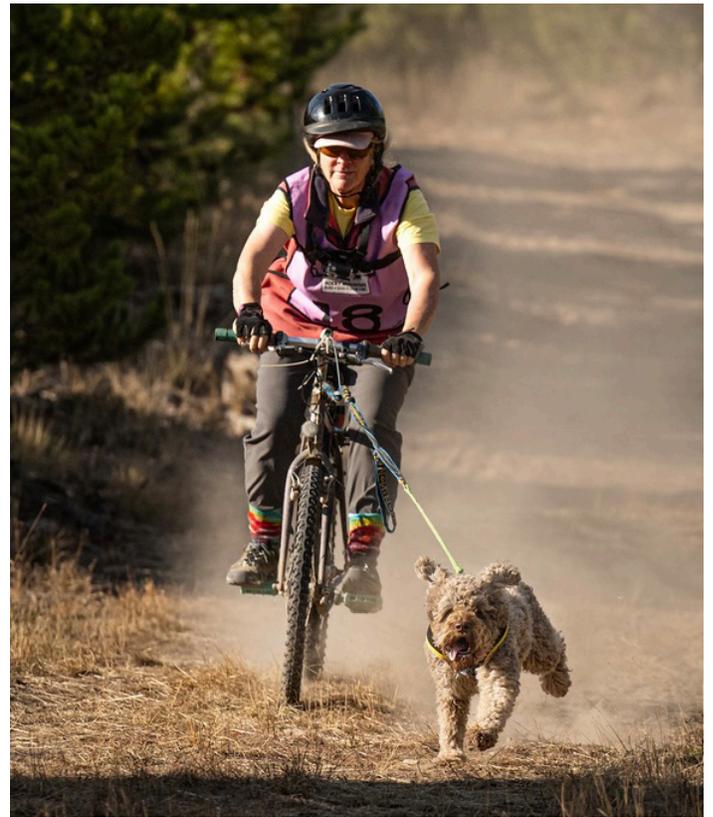
-Emily Dalton



Cathlyn Wright

Two major win photos of Fada at Woofstock and Harvest Moon. What's really cool is my outfits were made by my friends from LCKC. Sara Borok made the tie-dye duster, and Vicke Casey made the fleece jacket. These are both now my "Lucky Dog Show Outfits."





Sara Borok

On my way to Siberian Nationals, Vinnie and I got to go to a dry land sled race (on a mt bike). It was at over 8,000ft in Colorado so I was dieing on the up hill portion. But we managed it. I didn't fall or get hurt and we didn't come in last!!!

Hildy is too slow for Vinnie on dry surfaces. So it was just Vinnie and I.

At Nationals Hildy kicked butt in Rally, getting a 95 in masters, 95 in Excellent and a 96 in advanced. She was 2 points off from getting high triple. Obedience... well you know Hildy. She had the best score for the heeling part. We also competed in a rally advanced team and got first place for our team.